

## The Suggested Hour Structure

- 5 minutes adoration / confession
- 5 minutes worship
- 5 minutes silence / waiting

Then 30 minutes praying into

- Those fighting Covid illness right now
  - Healing and wholeness to all who are ill
- NHS workers fighting on the front line
- Staff at the University hospitals of Poole and Bournemouth and Dorset Foundation NHS trust
- NHS staff working in the community
- For stretched medical resources
  - Those who have had routine procedures postponed
  - Those who have had emergency treatment delayed
- That our three churches will be places where Christ is seen in action
- Those in isolation / feeling lonely
- Those in care homes and those who care for them
- Social care support workers
- Day centres caring for physically and mentally handicapped and challenges of day centre lockdown
- Those who are bereaved
- Local Government – leaders ensuring statutory obligations are met.
- Local Business – struggling with issues caused by lockdown
- People who have lost their job and are struggling financially
- Food banks and those helping to meet the increased demand to deliver food to the vulnerable
- That those who may be have never needed food banks will be brave enough to seek help when needed
- That our fellowship would be prepared to offer help whenever we see a need
- For the homeless and those who are vulnerable to get the right housing needs in lockdown
- For Schools balancing demands of both in school and online teaching
  - Teachers and Assistants who may themselves be vulnerable providing for children of Key workers
  - Parents juggling work at home and school at home
  - Children who are missing their friends and extended family

Then

- 5 minutes waiting on the Lord
- 5 minutes worship
- 5 minutes handing on to the next team via the zoom prayer room.